

Cycle 2

Revised:

13/07/2018

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST: CEREAL	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Porridge	Porridge
MOWs - MAIN - VEGES - VEGES - POTATO - DESSERT	Beef Casserole Carrots Silverbeet Mash Mousse	Oakhill Potatoes Cauliflower Peas Corn Choc & Honey Rice Pudding	Crumbed Fish Pumpkin Orange Broccoli Mash Bread & Jam Pudding	Pork & Pineapple Mixed Veg Roast Kumara Mash Fruit Shortcake	Cottage Pie Carrots Beans Yoghurt Cream Dessert		
LUNCH: SOUP	Carrot, cumin and Yoghurt	Minestrone	Potato & Leek Soup	Vegetable	Shrimp Chowder	Creame of Chicken	Vegetable
SANDWICH	Ham & Cheese	Egg & Lettuce	Ham & Relish	Tuna & Mayonnaise	Cheese & Pineapple	Beef & Relish	Chicken Salad
FULL	Chicken Fajita w/ mole sauce	Pasta Bolognaise	Lamb Meatballs	Pizza	Chicken Salad	Bacon & Carrot Slice	Beef Lasagne
SOFT	Beef Casserole w/ dumplings	Oakhill Potatoes	Pork Fried Rice	Mee Goreng	Cottage Pie	Steam potato	Poached Eggs w/ Hollandaise
VEGETARIAN	Mushroom Risotto	Falafel w/ Yoghurt Sce & Pita	Edamame Noodles	Roast Veg Quinoa	Mild Vegn Chilli	Baked Potato w/ Sour Cream Cheese & Coleslaw	
CHILDREN							
BABY FOOD BABIES PUREE							
DESSERT	Cheesecake	Sago Cream	Spiced Loaf	Chocolate Pudding	Yoghurt Cream Dessert	Apple & Raisin Custard	Rhubarb Cake
DINNER: FULL	Crispy Coated Chicken Mango Sauce	Schnitzel w/ gravy	Roast Chicken	Pork & Pineapple	Lamb Casserole	Sausages & Onion Gravy	Corned Silverside
SOFT	Savoury mInce	Rogan Josh Curry	Sticky Pork	Chicken Sapasui / Chop Suey	Fish with Lemon	Pork Menudo	Mango Chicken
VEGETARIAN	Olive and Tomato Chickpeas	Dhal	Kumara Fritters	Spinach & Cheese Pie	Vegetable Frittata	Warm Cauliflower & Orzo Salad	Bean Jambalaya
CHILDREN							
BABY FOOD BABIES PUREE							
POTATO POTATO ALT VEGE 1 VEGE 2 / Puree	Potato Mash Rice Carrots Sliverbeet	Potato Mash Rice Cauliflower Peas	Potato Mash Rice Baked Potato Pumpkin Broccoli & Orange	Potato Mash Rice Roast Kumara Mixed Veg	Potato Mash Rice Carrots Beans	Potato Mash Rice Pumpkin Cabbage	Potato Mash Rice Broccoli Leeks in White Sauce
DESSERT: FULL	Date Cake	Fresh Fruit Salad & Custard	Fruit Shortcake & Custard	Panipopo	Gingercake & Custard	Clafoutis	Toffee Pudding w/ Caramel Sauce
FRUIT MILK PUDDING DIABETIC	Choc & Honey Rice Pudding	Bread & Jam Pudding	Banana & Mango Smoothie	Fruit Whip	Eton Mess	Melrose Cream	Mousse