

Cycle 1

Revised:

13/07/2018

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST: CEREAL	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Poached Eggs Porridge	Porridge	Porridge
MOWs - MAIN - VEGES - VEGES - POTATO - DESSERT	Corned Sliverside Carrots Peas Mash Toffee Pudding	Chicken & Lemon Tagine Cauliflower Beans Mash Golden Oat Rhubarb	Cranberry Lamb Casserole Roast Pumpkin Peas Mash Chocolate Cake & Cream	Roast Pork Leeks in White Sauce Mixed Veg Mash Fruit Sponge & Custard	Bacon & Egg Pie Kumara Broccoli Mash Steam Pudding & Custard		
LUNCH: SOUP	Pumpkin	Pea & Ham	Tomato	Chicken & Corn	Creamy Cauliflower	Vegetable	Mushroom
SANDWICH	Mashed egg	Ham & Tomato	Cheese & pineapple	Silverside & Piccalilli	Tuna & Mayo	Cheese & Onion	Ham & Tomato
FULL	Beef noodle ramen	Chicken, Olive & Lemon Tagine	Cranberry Lamb Casserole	Pork Sandwich	Bacon & Egg Pie w/ Tom Sce		Sausage, hashbrown, m/rm tomato
SOFT	Fish cakes w/ salsa	Sausage Hotpot	Chicken Tomato Risotto	Lemon Chicken Pasta	Meat & Salad	Macaroni Cheese	
VEGETARIAN	Lentil Tabbouleh	Sweet Corn Fritters w/ relish	Vegetarian Cottage Pie	Kumara & Pumpkin Balls	Creamy Roast Veg	Pumpkin Hummus w/ Pita Chips	Scrambled Eggs
CHILDREN							
BABY FOOD BABIES PUREE							
DESSERT	Pannacotta	Orange & Cranberry Scone	Apple Cake	Rice Pudding	Lemon Slice	Gingernut & Yoghurt Sundae	Ice Cream Pudding
DINNER: FULL	Apricot Chicken	Roast Pork w/ apple sce & gravy	Beef & Bean Stirfry	Roast Lamb	Spiced Yoghurt Drums	Beef & Bean Burrito	Beef Pot Roast
SOFT	Beef Stroganoff	Chicken Fricassee	Lamb & Pork Hangi	Paprika Pork	Crumbed Baked Fish	Pork & Apple Stew	Stirfry Chicken
VEGETARIAN	Moroccan Pumpkin Chickpeas	Spiced Date Pilau	Kumara Tagine	Egg, Potato & Cauli Curry	Vegetable Lasagne	Rice & Vegetable Bake	Tomato Lentil Goulash
CHILDREN							
BABY FOOD BABIES PUREE							
POTATO POTATO ALT	Potato Mash Rice	Potato Mash Rice Baked Potato	Potato Mash Rice	Potato Mash Rice Baked Potato	Potato Mash Rice	Potato Mash Rice	Potato Mash Rice
VEGE 1 VEGE 2 / Puree	Corn Kernals Peas	Cauliflower Beans	Carrots Peas	Leeks in White Sauce Mixed Veg	Roast Pumpkin Broccoli	Kumara Beans	Cauliflower Corn Kernals
DESSERT: FULL	Golden Oat Rhubarb	Chocolate Cake & Cream	Fruit Sponge & Custard	Golden Syrup Steam Pudding & Custard	Trifle	Iced Banana Cake	Apple Crumble & Custard
FRUIT MILK PUDDING DIABETIC	Citrus Couscous	Baked Rice Custard	Ambrosia	Banana Semolina	Mocha Velvet Pudding	Blueberry & Choc Bread Pud	Strawberry Whip