

Advice Note: Sacral dimples

Dear GP,

Thank you for referring this patient for assessment of sacral dimple.

Sacral dimples are widely recognised as being a benign condition. They do not require any further investigation and are not associated with underlying spinal abnormality. The criteria for further investigation include the following:

- Deep dimple (>5mm) and maximum distance from the anal opening being > 2.5cm
- Other cutaneous stigmata, including:
 - hair tufts
 - o haemangioma
 - o pigmented lesions
 - o cutis aplasia
 - o skin tags
- Associated palpable mass
- Abnormal neurological examination

Please re-refer if on your review the patient has any of the above features.

Kind regards, Hutt Paediatric Team