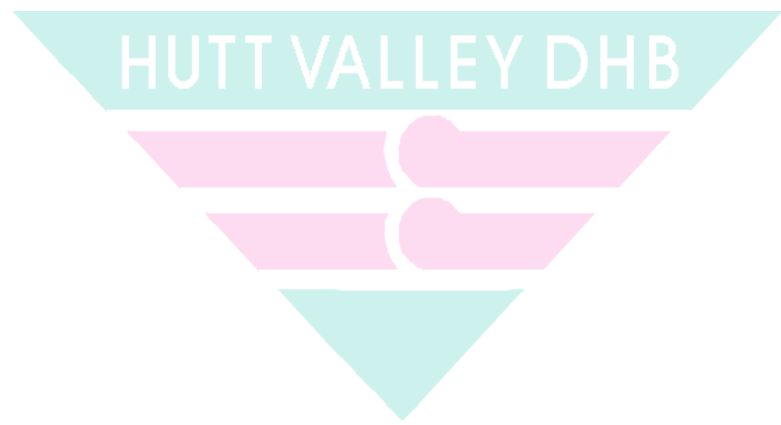


Student Nurses



Community Health Service District Nursing

Student Name:

Student Contact Details for

.....Ward/department

Contact details

The staff on the ward/department care about your well-being as well as your education. They will notice and be concerned if you don't arrive for a planned shift, if there is illness on the ward or in the case of an emergency. They may need to contact you to check you're ok and to let you know if there needs to be a change to your shifts.

Please could you provide the ward with your contact details and an emergency contact using the form below? **This information will be kept by a senior staff member for the length of this placement and then will be destroyed. It will not be shared with anyone else without your permission unless there is an emergency.**

Your Name	
Your Home Phone number	
Your mobile phone number	
Name of emergency contact	
Phone number of emergency contact	

Contacting your Tutor/CTA

From time to time the staff on the ward may need to contact your tutor regarding your progress, for support or in the case of problems.

Please could you supply the contact details for the tutor/CTA that will be supporting you during this placement, in the form below?

Name of Tutor/CTA	
Phone number for Tutor/CTA	

Please complete a new form before each new placement and give it to the senior staff at the beginning of your placement.

Thank you

Community Health Services

CHS aims to provide a responsive professional specialist and generalist district nursing service, short term personal cares, home help and meals on wheels to patients who live within the Hutt Valley.

The service aims for patients to remain at home and or facilitate timely discharge from hospital.

Access to this service is by referral from health professionals such as GP's Practice nurses or others involved in the persons care.

The district nursing team is divided into three geographical areas- North Central and south. Each team has an associate clinical nurse manager and specific district nurses working within that particular area. Each patient is appointed a primary nurse who is their main contact person. However each patient will be cared for by their primary and other district nurses. The nurse will complete a nursing assessment to determine the patient's health and or personal care needs and will develop a plan of care with them. This plan may involve other health professionals such as physiotherapists, occupational therapists, dietitians, social workers and other community workers.

As often as possible the focus of care is to enable the person and their whanau to optimize their health status and their independence.

Welcome!!
We are looking forward to working with
you

Contacts

This should contain information on all the key contacts for the ward/unit

Community Health Service	3 rd Floor Community Health Building, Hutt Hospital	5666 999 ask for ext 9148 Or DDI 570 9148. You can leave a message this is checked regularly
Clinical Nurse Manager	Karen Blair	DDI 570 9183
Associate Clinical Nurse Managers	Julie Boyer Bernadine Coddington Maree Southward	570 9148 ask to be put through to one of the ACNM's

Please contact Karen or any of the ACNM's to discuss your placement. If you are sick while on placement please advise the office. You can leave a message as they are checked every morning.

Your Preceptor

You will be allocated 1 or 2 main preceptors; these preceptors will be responsible for helping you with completing your objectives. We will endeavor to ensure that you mainly work with these preceptors; however, due to shift work this is not always possible. It is your responsibility to ensure the nurses you are working with are aware of your objectives for the day/week. You must provide evaluations and/or other paperwork to your preceptors in a timely fashion (i.e. not on the due date!!). Your preceptors will not complete any evaluations if you give it to them on your last days in the department.

If you have any concerns or questions do not hesitate to contact Karen Blair CNM.

Expectations of the Student Nurse while on placement at CHS

The shifts in CHS are:

Morning	:	0800hrs to 1630hrs
Afternoon	:	1100hrs to 1930hrs
	:	1230hrs to 2100hrs

We have a few expectations of student nurses working in Community Health:

- ❖ It is expected that you arrive on time for your shift and if you are going to be late or you are unwell and can not come to call the department on 570 9148
- ❖ You must complete the full shift that you are allocated to work – if you are unable to do so please discuss this with your nurse, preceptor or nurse educator.
- ❖ It is important for your preceptor or the nurse you are working with that he/she is aware of your objectives
- ❖ Due to infection control a clean uniform must be worn, long hair must be tied back and you will need something warm on top as you will be in and out of a car most of the day
- ❖ You will need to bring lunch, snacks and a water bottle as you will be out on the road for most of the day
- ❖ If you are not achieving your objective please see one of the ACNM's or your preceptor (before the last week in the unit)
- ❖ Please ensure all documentation you need to complete for the polytechnic/university is accomplished before the last days in the department – your preceptor will **not** complete any paper that is given to him or her if it is given in the last days of your placement
- ❖

Safety Measures in Community Health Services

Please detail specific safety measures applied or needed in your unit/ward. This should include:

- ❖ For safety purposes always let someone know when you are leaving the department
- ❖ Listen to instructions from your preceptor or other nurses

In the event of an earthquake:

- ❖ If you are out and about keep yourself safe, use turtle position or get under table if able.
- ❖ Check pt that you are with
- ❖ Text/phone into CHS to let them know where you are and that you are safe
- ❖ If you are in the CHS building get under a desk and listen to what the senior team tell you to do

In the event of a flood/Wild Weather:

Whilst out and about with the DN you may find some areas are flooded when you are out visiting

- ❖ Listen to your preceptor
- ❖ Do not drive into flooded areas
- ❖ Stay safe
- ❖ Check in regularly with Base

Treasure Hunt

This list is designed to help you become familiar with the environment, but is by no means exhaustive of all the things you will be required to locate.

- Roster
- Drug Fridge
- Drug Cupboard
- Referrals
- Clinical Nurse Manager Office
- Dressing Bags
- Computers
- Kitchen store room
- Staff tea room
- Lower Hutt Clinic 1 & 2
- Supply Room
- Stoma and continence supply room
- Car keys
- VAC dressing supplies
- Dressing Supplies
- Alcohol Swabs
- Where to store your bag
- Plain Gauze
- Clinical policies & procedures
- "Notes on Injectable Drugs"
- Bladder scanner
- Manual BP machines
- Suction Equipment
- Bio-hazard bags
- Tympanic thermometer covers
- Stationery supplies
- Photocopier
- Patient Files
- Laboratory forms
- ACNM Desks
- Event forms
- Clinical nurse specialists
- Sterile Gloves
- Chest drains

Objectives

These are examples of some skills/ competencies that you may develop while in this clinical placement. These lists are not exhaustive and we expect you to seek out your own learning needs in addition. Please continue to develop these objectives during your placement and record any achievements or experiences. Your preceptor will look over these weekly and may add to/ adjust them.

For example:

- The provision of appropriate care to the patient and whanau with support and supervision from the preceptor, including
 - Accurate assessment
 - Competent implementation of care
 - Documentation
 - Referrals

- Gain an understanding of the multidisciplinary team
- Practice good infection control measures
- To complete a wound assessment and carry out the wound care plan.
- To provide catheter care under the guidance of the preceptor
- To observe IV therapy in the community
- To complete a personal cares assessment and refer patients onto appropriate services

Common Presentations to Community Health

Please explain or list some of the common presentations for your ward/unit. This helps to focus the student and gives them specific areas to research prior to and during the placement.

For example:

Common presentations managed within community health are:

- Personal cares post a hospital admission
- Wound care and compression bandaging
- Drain cares
- Catheter management (IDC/SPC)
- IV therapy
- Medication support/administration
- Spinal Injury
- Post-operative wound care
- Chronic wound care
- Post-acute illness recovery
- Exacerbation of COPD
- Pneumonia
- Peripheral vascular disease
- Incontinence
- Stoma therapy
- Oncology treatment symptom control
- Palliative care

Common Medications

We see a number of patients in the community to support them with their medication or administer it to them

These include

- Insulin
- B12 injections
- Fentanyl patches
- IV antibiotics – this may be via a push, infusion or infuser bottle

Pre-reading/Resources

Please add any pre-reading you recommend or resources to support students learning. Avoid including whole articles or pictures/photos as these make documents difficult to download and costly to print.

Evaluation of your Clinical Preceptor

Please return your evaluation to Angeline (Nurse Educator)

Name of Preceptor _____ Date _____

E = Excellent VG = Very Good S = Satisfactory NI = Needs Improvement

Please read the following statements then tick the box that best indicates your experience

My Preceptor:	E	VG	S	NI
Was welcoming and expecting me on the first day				
Was a good role model and demonstrated safe and competent clinical practice				
Was approachable and supportive				
Acknowledged my previous life skills and knowledge				
Provided me with feedback in relation to my clinical development				
Provided me with formal and informal learning opportunities				
Applied adult teaching principals when teaching in the clinical environment				

Cut along line

Describe what your preceptor did well

Describe anything you would like done differently

Signed: _____ Name: _____

Notes

Please use this space for notes.