

## Acute Pain Management Study Day

### Learning outcomes:

Increase knowledge in the assessment and management of acute pain.

### Contents:

The topics are subject to change but may include:

- Physiology of pain
- Pain assessment
- Barriers to effective pain management
- Nerve blocks
- Epidurals
- Pharmacology of common analgesic medications
- Procedural pain management
- IV opioid scenarios
- PCA + Ketamine infusions workshop

Available to:		Price (+ GST)	Booking Method
Hutt Valley Staff		Nil	via Ko Awatea
Wairarapa/Capital & Coast Staff		Nil	Booking contact
External Health Professionals (Primary Health, PHO, Aged Care)		Nil	Booking contact
Private sector		\$125 + GST	Booking Contact
Target Audience	Nurses		
Pre reading requirements	Nil		
Course Facilitator	Sue Anderson ( <a href="mailto:sue.anderson@huttvalleydhb.org.nz">sue.anderson@huttvalleydhb.org.nz</a> )		
Booking contact	<a href="mailto:Linda.roeters@huttvalleydhb.org.nz">Linda.roeters@huttvalleydhb.org.nz</a>		
Food Provided	Morning and afternoon tea		
Course Details:			
Day	Date	Venue	Start - Finish
Thursday	27 <sup>th</sup> March 2025	Theatre Education Room, Level 1, Theatre & ED Block	0830 - 1630
Thursday	22 <sup>nd</sup> May 2025	Theatre Education Room, Level 1, Theatre & ED Block	0830 - 1630
Thursday	28 <sup>th</sup> August 2025	Theatre Education Room, Level 1, Theatre & ED Block	0830 - 1630
Thursday	30 <sup>th</sup> October 2025	Theatre Education Room, Level 1, Theatre & ED Block	0830 - 1630