

Older Adult Mental Health Study Day

Learning outcomes:

The aim of this study day is to expand the knowledge of registered nurses and enrolled nurses regarding key aspects of mental health in the elderly. The course equips RNs/ENs with the basic skills of mental health assessment and provides an understanding of the legal implications of the Mental Health Act and duty of care. The course provides nurses the tools required to care for an older adult patient.

Content:

- Psychiatric medications used in the elderly
- Dementia
- Delirium
- Mental state exam
- Depression in the elderly
- Suicide in the elderly
- Mental Health Act
- EPOA & guardianship

| Available to: | Price (+ GST) | Booking Method |
|---|----------------------|--------------------------|
| Hutt Valley Staff | Nil | MyPay |
| Wairarapa/Capital & Coast Staff | Nil | Email course facilitator |
| External Health Professionals (Primary Health, PHO, Aged Care) | Nil | Email course facilitator |
| Private sector | \$153 (GST included) | Email course facilitator |

| | |
|--------------------------|---|
| Target Audience | Registered/Enrolled Nurse |
| Pre reading requirements | No pre-reading required |
| Course Facilitator(s) | <p>Shanice Toelupe shanice.toelupe@huttvalleydhb.org.nz</p> <p>Eleanor Clark eleanor.clark@huttvalleydhb.org.nz</p> <p>Ramesh Sahrawat ramesh.sahrawat@huttvalleydhb.org.nz</p> <p>Imee Saplagio imee.saplagio@huttvalleydhb.org.nz</p> |
| Food Provided | Tea and coffee provided |

2023 Training Opportunities

| Course Details: | | | | |
|------------------------|-----------------------------------|--------------------------------------|---|------------------|
| Day | Date | Facilitator | Venue | Start - Finish |
| Tuesday | 18 th April 2023 | Shanice Toelupe | The Learning Centre, Auditorium, Hutt Hospital | 0800-1600 |
| Thursday | 13 th July 2023 | Eleanor Clarke | The Learning Centre, Room 2, Hutt Hospital | 0800-1600 |
| Thursday | 16 th November 2023 | Ramesh Sahrawat/ Imee Saplagio | The Learning Centre, Room 2, Hutt Hospital | now cancelled |