

## My Safety: Hospital Based Clinician Training

**Learning outcomes:** This six hour workshop focusing on understanding the systems and processes available to keep you safe at work, developing your communication skills, risk assessment and conflict resolution techniques.

### Content:

- Be able to describe the factors underlying aggression and violence
- Help the people we care access the services that support them to cope in challenging situations
- Strengthen the communication and de-escalation techniques
- Improve your situational awareness and implement practical techniques to keep safe at work.

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	NIL	MyPay ESS00331
Wairarapa/Capital & Coast Staff	N/A	N/A
External Health Professionals (Primary Health, PHO, Aged Care)	N/A	N/A
Private sector	N/A	N/A

Target Audience	Recommended for clinical staff who have face-to-face and phone contact with patients and whānau in Hutt Hospital campus settings.
Pre reading requirements	NIL
Course Facilitator	Kirsten Benefield
Food / Drink Provided	NIL - Please bring your own food and a water bottle

### Course Details:

Day	Date	Venue	Start - Finish
Thursday	29.06.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430
Wednesday	26.07.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430
Thursday	24.08.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430
Thursday	28.09.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430
Friday	27.10.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430
Friday	01.12.2023	Hutt Hospital, Learning Centre, Room 3	0830-1430