

## Introduction to Moving and Handling

### Learning outcomes:

After completion of this course, you will:

- Be able to identify hazards and undertake a LITE risk assessment prior to all moving and handling tasks
- Have the knowledge necessary to reduce the risks of musculoskeletal injury caused by moving and handling in the workplace
- Identify and use moving and handling equipment, understand safety features
- Understand the importance of sling safety checks prior to use
- Demonstrate evidence based patient handling techniques
- Identify how to organise equipment for larger patients.

On your return to the work area you will need to practice moving and handling techniques appropriate to your work area and patient needs.

### Content:

- Risk Assessment
- Moving and Handling objects
- Reposition dependent patients
- Hoisting and sling safety checks and usage
- Managing partial assist patients – assessment, and mobility needs
- Managing falls retrieval
- Problem solving scenarios

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	Nil	MyPay or via <a href="#">M&amp;H placeholder request form</a> (email <a href="mailto:dale.luke@ccdhb.org.nz">dale.luke@ccdhb.org.nz</a> )
Wairarapa/Capital & Coast Staff	Nil	via <a href="#">M&amp;H placeholder request form</a> (email <a href="mailto:dale.luke@ccdhb.org.nz">dale.luke@ccdhb.org.nz</a> )
External Health Professionals (Primary Health, PHO, Aged Care)	Not available	N/A
Private sector	Not available	N/A

Target Audience	All new staff who are required to move patients as part of their work
Dress requirements	Comfortable clothes for moving, for example Track-pants and t-shirt or uniforms. Well fitted supportive footwear. Short finger nails You will be expected to move and be moved by others attending the course
Course Facilitator	Eleanor Barrett
Food Provided	Tea and Coffee

# 2023 Training Opportunities



Course Details:			
Day	Date	Venue	Start - Finish
Friday	3 Feb	Clinical Training Unit ,Level 2 Clock Tower Building	8.00 – 16.30
Monday	13 Feb		
Friday	24 Feb		
Friday	3 March		
Monday	13 March		
Monday	27 March		
Thursday	6 April		
Tuesday	18 April		
Friday	5 May		
Monday	15 May		
Friday	2 June		
Friday	9 June		
Wednesday	14 June		
Wednesday	28 June		
Friday	28 July		
Tuesday	1 August		
Friday	11 August		
Tuesday	15 August		
Monday	21 August		
Friday	1 September		
Friday	8 September		
Monday	18 September		
Monday	9 October		
Tuesday	17 October		
Wednesday	1 November		
Friday	1 December		
Monday	11 December		