

2023 Training Opportunities

Diabetes Care Givers Education Day

Aims/Purpose:

Giving an overview of diabetes for Care Givers, Community Mental Health Workers, Health Care Assistants, anyone working with, caring for or supporting people living in the community with Diabetes.

Content:

- What is diabetes?
- Medications for diabetes
- How to support a person to manage their diabetes
- High and low blood glucose levels
- Foot care
- Food and diabetes
- Exercise and diabetes
- Blood glucose testing

Available to:	Price (+ GST)	Booking Method
Hutt Valley DHB Staff	NIL	My Pay
Wairarapa/CCDHB Staff	NIL	Michelle.Martin@huttvalleydhb.org.nz
External Health Professionals (Primary Health, PHO, Aged Care)	NIL	Michelle.Martin@huttvalleydhb.org.nz
Private sector & other DHB's	NIL	Michelle.Martin@huttvalleydhb.org.nz

Target Audience	Care Givers, Community Mental Health Workers, Health Care Assistants, or anyone working with, caring for or supporting people living in the community with diabetes
Pre reading requirements	NIL
Course Facilitator	Gabriel Molina, Diabetes Clinical Nurse Specialist
Food Provided	Coffee, tea, and biscuits provided for morning and afternoon tea. Please Bring Your Own Lunch.

Course Details:

Day	Date	Venue	Start - Finish
Thursday	23 March 2023	Auditorium, Learning Centre, Hutt Hospital	0900 - 1600
Monday	18 September 2023	Auditorium, Learning Centre, Hutt Hospital	0900 - 1600