

2022 Training Opportunities



Older Adult Mental Health Study Day

Aims/Purpose:

The aim of this study day is to extend the knowledge of registered nurses and enrolled nurses regarding the key aspects of mental health in elderly. It has expert speakers with many years of experience in the field. The course equips the RN/ENs with the basic skills of mental health assessment and provides broad understanding of the legal implications for the Mental Health Act and duty of care. The course provides nurses the tools required to care for an older adult patient.

Content and Objectives:

- Psychiatric medications used in elderly.
- Dementia & Cognitive assessments (MOCA & ACE 3)
- Delirium
- Depression in Elderly
- Suicide
- EPOA & Guardianship
- Mental Health Act & Duty of Care
- Alcohol & De-addiction

Available to:	Price (+ GST)	Booking Method
Hutt Valley DHB Staff	Nil	MyPay
Wairarapa/CCDHB Staff	Nil	e-mail course facilitator
External Health Professionals (Primary Health, PHO, Aged Care)	Nil	e-mail course facilitator
Private sector & other DHB's	\$153 (GST included)	e-mail course facilitator

Target Audience	RN/EN
Course Admin	Ramesh Sahrawat e-mail: Ramesh.sahrawat@huttvalleydhb.org.nz Imee Saplagio e-mail: Imee.Saplagio@huttvalleydhb.org.nz
Food Provided	Tea and coffee provided

Course Details:

Date	Facilitator	Venue	Start – Finish
Thursday 28/04/22	Imee Saplagio	Learning Centre Room 2, First floor, HVDHB	0800-1600hrs
Thursday 28/07/22	Eleanor Clark	Learning Centre Room 2 , First floor, HVDHB	0800-1600hrs
Thursday 27/10/22	Ramesh Sahrawat	Auditorium, First Floor, HVDHB	0800-1600hrs