

## Board Talk

Since the change in legislation late last year to encourage district health boards to work more closely together to improve the patient journey, a number of initiatives have started.

Clinicians from Wairarapa, Hutt Valley and Wellington are working together, with support from managers and planning staff, to make sure quality services are equitably available across our region. There are currently teams looking at child health, health of older people, ENT (ear, nose and throat) services and mental health.

We already have many patients who access services in neighbouring DHBs. One of the most recent projects involves surgeons from Wairarapa coming to Hutt Hospital to pre-assess some selected patients, then offering them their procedure at Wairarapa Hospital in a timeframe sooner than they would otherwise have had.

Working together with our neighbours has been a priority for Hutt Valley DHB for several years now, and we will continue with this direction where there is clear benefit to the health of our population.

One of the national health targets is 'better help for smokers to quit'. The aim of the target is to support people to quit smoking by having health professionals ask patients if they smoke and if they do offer them advice and support to quit.

If you are offered quit support or would like quit support please take advantage of it to improve your health and the health of our community. Hutt Valley is doing very well with this target, however is just short of reaching the 90% goal.

Dr Virginia Hope  
Board Chair



## Public Notices

### HUTT VALLEY GP INFORMATION

General practices taking on new patients with no waiting list:

- Gain Health Centre (04) 528 5353
- Hutt City Health Centre (04) 576 2009
- Ropata Medical Centre (04) 920 0800
- Silverstream Health Centre (04) 527 7376
- Upper Hutt Health Centre (04) 920 1800

General practices taking on new patients but have a waiting list:

- Epuni Medical Centre (04) 567 1217
- Manuka Health Centre (04) 939 1299
- Waiwhetu Medical Centre (04) 569 2436
- Whai Oranga O te Iwi Health Centre (04) 564 6966

General practices taking on new patients within their immediate community:

- Petone Medical Centre (04) 939 9868
- Pomare Union Health Centre (04) 567 6414
- Stokes Valley Medical Centre (04) 563 8200
- Taita Medical Centre (04) 939 7390

General practices taking on new patients between 10 – 24 years old:

- Hutt Valley Youth Health Centre (04) 566 0525

### BOARD & COMMITTEE MEETINGS

Board Meeting  
1.00pm Friday 6 May 2011  
Hutt Valley DHB Boardroom

Community & Public Health Advisory Committee  
9.00am Monday 23 May 2011  
Hutt Valley DHB Boardroom

Disability Support Advisory Committee  
1.00pm Monday 23 May 2011  
Hutt Valley DHB Boardroom

Hospital Advisory Committee  
3.00pm Tuesday 19 April 2011  
Hutt Valley DHB Boardroom

Members of the public are welcome to attend these meetings. Meeting agendas are available on our website.



## Diabetes Nurse Project

Hutt Valley District Health Board has been selected by as one of the four demonstration sites for the national diabetes nurse prescribing project launched this month. Two Hutt Valley DHB diabetes nurses, Anne-Marie Heffernan and Hazel Phillips, are involved in the project.

The aim of the project is to improve patient satisfaction and better use the nursing workforce by enabling diabetes nurses to prescribe a limited range of medication and devices relevant to diabetes care.

If you have diabetes, you may be able to receive your routine diabetes medication prescriptions from your nurse, rather than your GP. For more information please talk to your diabetes nurse.

## Health Passport

Hutt Valley is trialling the Health and Disability Commission's Health Passport before it goes national and you can be one of the first to use it.

The Health Passport is a document you can fill in to let health professionals know anything you think would help them with your treatment. It does not replace your medical records.

You can share information like your preferred language for communicating and support you require to move around. It's up to you how to use your Health Passport. You can fill in as much or as little of it as you want and update it whenever you like. It is also your choice who you show it to.

You can download one from [www.hdc.org.nz](http://www.hdc.org.nz), pick one up from Citizens' Advice Bureau in Lower Hutt and Upper Hutt or phone (04) 806 2436 to have one posted to you.

Tell us what you think of it and help us make it better before it is rolled out nationally. To give your feedback:

- Fill out the online survey at [www.hdc.org.nz](http://www.hdc.org.nz)
- Or email [healthpassport@hdc.org.nz](mailto:healthpassport@hdc.org.nz)
- Or free phone 0800 11 22 33
- Or fax (09) 373 1061



## Healthy People

## Healthy Families

## Healthy Communities



Virginia Hope Wayne Guppy Katy Austin David Bassett Debbie Chin Peter Douglas Peter Glensor Keith Hindle Ken Laban David Ogden Iris Pahau John Terris

