

Health Highlights

www.huttvalleydhb.org.nz

HEALTHY PEOPLE | HEALTHY FAMILIES | HEALTHY COMMUNITIES AUGUST 2017



HUTT VALLEY DHB FIRST TO OFFER ONLINE APPOINTMENT BOOKING

Booking a hospital appointment just got a whole lot easier thanks to Hutt Valley DHB's unique 'ubook' online booking portal.

Hutt Valley is the only DHB in New Zealand to offer an online booking system for patients. While the portal has been available since 2012 for some specialist appointments, it was recently re-launched for almost all hospital outpatient appointments, with improved booking options.

Hutt Valley DHB CEO Ashley Bloomfield says ubook is all about valuing patients' time - giving them the flexibility to choose appointments that work around their lives and commitments.

"As far as we know, we're the only DHB in the country to offer this online service. We're a small DHB but initiatives like this show our commitment to innovation – and to improving the experience of our patients and community."

"Online booking is common for everything from getting your haircut to going overseas – we live in an increasingly digital world. An online booking system means our patients are more in control of when they come to see us, plus it avoids unnecessary letters and paperwork."

One of the clever things about the new ubook enhancements is a multiple booking function. Patients who require multiple tests as part of their appointment will have these automatically booked as close together as possible – and will only receive one notification.

Previously these patients would receive several different appointment letters in the post and may have needed to make several trips to the hospital.



'ubook 'is accessed from the homepage of the Hutt Valley DHB website:

www.huttvalleydhb.org.nz

Patients will be notified if their appointment is eligible for online booking.

Do you consult Dr Google?

For trusted online health advice from New Zealand experts:

www.healthnavigator.org.nz





Are you signed up with the new Patient Portal?

A convenient way for patients to communicate with their General Practice in the Hutt Valley.

Patient Portals offer the ability for you to communicate online with your General Practice. Practices have the option to allow patients to perform any combination of the following tasks:

- book appointments online
- order repeat prescriptions
- have an email consultation with a doctor or nurse
- view regular medications
- view test results
- view diagnosis
- view allergies
- view immunisations



Each practice decides individually how many of these functions it offers to its patients.

All you need to sign up for a Patient Portal is to be enrolled in a General Practice and have a unique email address.

This is a great way to save yourself phone calls and time, and it allows you to have greater involvement in your healthcare.

Every general practice in the Hutt Valley is now able to offer their patients access to a 'Patient Portal'.

Ask your GP if you would like to know more.

Hutt Valley DHB Public board meetings

Health Valley District Health Board meetings are open to the public.

Meetings are held once a month in the Boardroom, Pilmuir House, Hutt Hospital campus.

The next meeting is at 12.30pm Thursday 24 August

Visit our website for more information on dates and location. www.huttvalleydhb.org.nz