



6/05/2019

For Immediate Release

Taking free vaccination pop-up clinics out to pregnant women

Hutt Valley DHB, along with local partners, are pleased to announce for the second year in a row they'll be out in the community providing free flu and whooping cough vaccinations for pregnant women.

Getting both the flu and whooping cough vaccinations are safe if you are pregnant. It's not always easy getting to a GP or pharmacy to have a flu injection so this is why we're offering free immunisations out in our communities. This year we're focusing on locations which have easier access for our Māori and Pacific communities.

"Last year we vaccinated 51 women for both flu and whooping cough. Anecdotally we were hearing of more than three weeks' waiting times for women to access vaccinations via their GP", says Karen Daniells, Clinical Midwifery Manager at Hutt Valley DHB.

"While it may not sound like a lot, all the mums that came to us commented how grateful they were to have a drop-in service they could fit in easily around their daily activities/children. Plus it gave us an opportunity to talk to mums about the benefits of immunisations, increasing natural immunity for the baby after birth and generally keeping the rest of the whānau well."

Flu season is here already.

If pregnant mums get sick issues may include premature birth, low birth weight babies, miscarriage, still birth, fetal abnormalities and life threatening maternal complications.

If you are pregnant, you're more susceptible to infection and at increased risk of serious complications that may require care in an intensive care unit. So we are encouraging all women to come along to one of our free clinics.

To find out where we are offering free pop up clinics check out either the [Hutt Maternity website](#) or the [Hutt Valley DHB website](#) as additional dates are being added to the pop-up clinics.

[Ends]

Media Contact: news@huttvalleydhb.org.nz

Follow us on [Facebook.com/HuttValleyDHB](https://www.facebook.com/HuttValleyDHB), Instagram and Twitter [@HuttValleyDHB](https://twitter.com/HuttValleyDHB)



FREE pop-up flu & whooping cough vaccination clinics for pregnant women – as at 6 May 2019

Hutt Maternity will be providing FREE pop-up flu & whooping cough vaccination clinics for pregnant women at the venues and dates below.

No need to book, just drop in!

Upper Hutt - Upper Hutt Mall

Thursday 9th of May: 9.00am - 12.00pm
Wednesday 3rd of July: 1.00pm - 4.00pm
Wednesday 14th of August: 1.00pm - 4.00pm

Waiwhetu - Hāpu Ora Clinic

Thursday 18th of April: 9.00am - 12.00pm
Thursday 13th of June: 9.00am - 12.00pm
Thursday 8th of August: 9.00am - 12.00pm

Wainuiomata - Pukeatua Child Care Centre

Thursday 2nd of May: 9.00am - 12.00pm
Thursday 6th of June: 9.00am - 12.00pm
Thursday 18th of July: 9.00am - 12.00pm

Taita - Walter Nash Centre

Saturday 11th of May: 9.00am - 3.30pm
Saturday 8th of June: 9.00am - 3.30pm
Saturday 29th of June: 9.00am - 3.30pm
Saturday 27th of July: 9.00am - 3.30pm
Saturday 24th of August: 9.00am - 3.30pm

Stokes Valley - Koraunui Marae

Thursday 9th of May: 1.00pm - 4.00pm
Thursday 20th of June: 1.00pm - 4.00pm
Thursday 1st of August: 1.00pm - 4.00pm

Naenae - Pacific Health Service Hutt Valley

Thursday 2nd of May: 1.00pm - 4.00pm
Thursday 20th of June: 9.00am - 12.00pm
Thursday 1st of August: 9.00am - 12.00pm

Fairfield - The Remakery

Thursday 23rd of May: 12.00pm - 3.00pm
Thursday 11th of July: 12.00pm - 3.00pm
Thursday 22nd of August: 12.00pm - 3.00pm

Alicetown - Te Ara Whanui Kura Kaupapa

Māori o nga kohanga reo o te awa kairangi
Wednesday 15th May: 3.30pm - 7.00pm

For updates:

<https://www.facebook.com/huttmaternity/>