

STUDENT NURSES



Fracture Clinic & Orthopaedic Outpatients Department

Student Name:
Fracture Clinic and Orthopaedic
Outpatients Clinic.

Welcome!!

We are looking forward to working with you!

Welcome to Fracture Clinic and Orthopaedic Outpatient Department.

We hope that you enjoy your time with us and that you find it a worthwhile and interesting learning experience.

This package is to give you some brief information of what you can expect from your time with us.

Outpatients can be a foreign environment for students who sometimes feel a little 'lost' or unsure of what's going on. This package provides you with information that will give a bit of insight into our unit and how we operate. The intention is to provide you with an opportunity to get the most out of your placement.

While you are with us you will be working with a different person due to the nature of our work. However, we think that there is an advantage in working with different people as everybody has a slightly different focus, come from diverse nursing backgrounds and have their own "specialties".

There are 8 Orthopaedic Surgeons, 5 Registrars and 3 House Surgeons.

Mission

To provide a professional orthopaedic outpatient and fracture clinic service to the patients of Hutt Valley District Health Board which focuses on the needs of the patient and their family/caregivers

Objectives

1. To provide each individual with competent, considerate and respectful care, appropriate to his or her needs.
2. To provide on going education to staff, patients and their family/caregivers.
3. To strive to improve the quality of care and service.
4. To advocate for our patients supporting their rights and choices.

We are open 8am – 5pm Monday to Friday.

Please contact us if you are unable to be on shift:

Fracture Clinic

(04) 570 9099

Also ring your tertiary institution and advise your tutor. You will need to arrange make up with the clinical coordinator if required.

The Team

Registered Nurses and Enrolled Nurses

Nurses utilise nursing knowledge and nursing judgment to assess health needs, provide care, and to advise and support people to manage their health.

They practise independently and in collaboration with other health professionals and perform general nursing functions.

This occurs in a range of settings in partnership with individuals, families, whanau and communities.

The nurses prepare and run clinics and treat acute and ward patients.

Enrolled Nurses practice under the direction and delegation of a Registered Nurse to implement nursing care.

Health Care Assistant

The role of the Health Assistant is to provide support to Registered Nurses by assisting them with patient care as directed and by completing housekeeping and clerical tasks.

Clerical staff

The clerical staff are the front line of the department. They greet people on arrival to the department, answer phones, build and manage both the fracture and orthopaedic clinics.

Your Preceptor

You will be allocated one main preceptor. They will be responsible for helping you completing your objectives.

We will endeavour to ensure that you mainly work with this preceptor however due to shift work this is not always possible.

It is your responsibility to ensure the nurse you are working with is aware of your objectives for the day/week.

You must provide evaluations and/or other paperwork to your preceptor in a timely fashion (i.e. not on the due date!!).

Your preceptor will not complete any evaluations if you give it to them on your last days in the unit.

We have a number of articles and books for you to use to help accomplish your learning objectives.

Expectations

- ❖ To behave in a professional and responsible manner and to be accountable.
- ❖ To work as part of the multi-disciplinary team under supervision of a registered nurse.
- ❖ Identify learning objectives and work with the nursing team to achieve them.
- ❖ Communicate appropriately with staff and patients.
- ❖ There are no 'silly questions'. If in doubt, if confused, overwhelmed or uncomfortable: **Speak up and ask.**

Any questions or concerns, do not hesitate to contact 570 9099.

Safety

**In an emergency
Dial 777**

State where and what the emergency is e.g. fire, cardiac arrest, collapse or medically unwell.

Health and Safety is everyone's business. You will need to be aware of hazards in the area and how they are managed.

The fracture clinic can be a noisy environment. Please protect your hearing and wear ear muffs during cast removal.

Please wear plastic aprons over your uniform and gloves when assisting with casting and wounds

Daily Activities

Fracture Clinic	Acute injury follow-up, mainly fracture patients referred from ED, GPs or transfers from other DHBs and discharged post-surgery ward patients.
Orthopaedic Clinic	GP referrals of patients with orthopaedic conditions; new and follow-up patients
Acute Fracture Treatment	Patients are referred from ED or GP for treatment/plasters/acute X-Ray of concern to be referred to the registrar on call.
Ward Referrals	For plaster trims, repairs, change of plasters, application of special casts e.g. hip spica or cast brace. Requisition is faxed from the wards for these.
Dressings	For outpatients and any acutes requiring continued dressings and who are going to be seen in our clinics.
General Household Duties	To ensure the area is kept clean, tidy, restocked and safe.
Pre-op Assessment Clinics	Tuesday, Wednesday, Thursday and Friday. These are managed by pre-assessment clinic in General OPD. Patients are seen in Fracture Clinic for surgery consent.
Orthotic Clinics	Staff from Orthotic Services are in attendance on Tuesday mornings.
Ortho Teaching Clinics	A teaching clinic for 5 th Year Medical Students on Wednesdays during the student year.

Expectations of Student Nurse While in Fracture Clinic and Orthopaedic Outpatients

Before you start in this clinic please consider what you want to achieve on this placement and bring a list of objectives, remembering that these need to be realistic.

Please share with your preceptor at the beginning of your placement. You may add others while here.

Use your initiative to make the most of your placement. For Example:

- Ask lots of questions
- Ask to go places e.g. theatre, radiology
- Ask to do and see things e.g. dressings, procedures

Objectives may include but are not limited to:

- To have knowledge of how patients are admitted to Fracture Clinic.
- To learn how to care for patients with casts on in the ward setting and as outpatients.
- To be aware of the different casting principles.
- The provision of appropriate care to the patient and whanau.
- Identify members of the multi-disciplinary team and their roles in delivering patient care and treatment. E.g. Podiatrist, Photographer, Physio.
- Practise good infection control measures.
- Identifying the different types of fractures.
- The use of pain management during casting.
- Wound management, trauma and surgery.

Common Presentations to Fracture Clinic

Common presentations to fracture clinic include:

- Surgical wounds
- Chronic wounds/ulcers
- Fractures
- Casting products

Common Medications

The following is a list of some of the common medications used in the fracture clinic.

Please read up on these before you attend the placement.

- Citanest *injected intravenously*
- Entonox *inhaled*
- Kenacort – A *injected*
- Pandaol *orally*
- Xylocaine 1% *injected*

Pre-reading & Resources

Suggested website to visit:

www.imageinterpretation.co.uk

Suggested reading material:

- Handbook of Fractures, 3rd Ed, Koval, K.J and Zuckerman, J.D.
- Practical Fracture Treatment, McRae, R.
- Introduction to Casting, Kinealy, J. 2010

These books can be found below the work station bench in plaster room or take a look on shelves in nurses work station room outside ACNM office.

Treasure Hunt

The list below is designed to help you become familiar with the environment but is by no means exhaustive of all the things you will be required to locate.

Associate Clinical Nurse Manager's Office	
Toilet key pad combination	
Where to store your bags	
Staff tea room	
Discharge Information	
Pamphlets	
Sterile Instruments	
Stitch Cutters	
Clip Removers	
Plain Gauze	
Casting Trolleys/Buckets	
Casting Products	
Clean Utility Room	
Dressing Materials	
Dressing Supplies	
Dressing Trolleys	
Dirty Instruments	
Clinical Policies and Procedures	
Assessment Rooms	
Linen Supplies	
Arm Block	
Resus Trolley	
Manual BP Machine/Stethoscope	
Suction Equipment	
Bio-hazard Bags	
Tympanic Thermometer Covers	
Stationery Supplies	
Photocopier	
Entonox	
Laboratory Forms	
Oxygen Isolation "shut off" Valve	
Online Incident Forms	
Cortizone Trays	
Fire Exits	
Fire Extinguishers	

Notes

(Please use this space for notes)

Evaluation of your Clinical Preceptor

Please return your evaluation to Mair (Associate Clinical Nurse Manager)

Name of Preceptor _____ Date _____

E = Excellent **VG = Very Good** **S = Satisfactory** **NI = Needs Improvement**

Please read the following statements then tick the box that best indicates your experience

My Preceptor:	E	VG	S	NI
Was welcoming and expecting me on the first day				
Was a good role model and demonstrated safe and competent clinical practice				
Was approachable and supportive				
Acknowledged my previous life skills and knowledge				
Provided me with feedback in relation to my clinical development				
Provided me with formal and informal learning opportunities				
Applied adult teaching principals when teaching in the clinical environment				

Describe what your preceptor did well

Describe anything you would like done differently

Signed: _____ Name: _____