

Older Adult Mental Health Study Day

Learning outcomes:

The aim of this study day is to expand the knowledge of health professionals regarding key aspects of mental health in the elderly. The course equips staff with the basic skills of mental health assessment and provides an understanding of the legal frameworks related to capacity and duty of care. The course provides basic information on common presentations including dementia, delirium and functional mental illness. It discusses non pharmacological interventions and strategies and pharmacological management.

Content:

- Overview of Psychiatric Medications used in Elderly and Polypharmacy
- Frailty from a Te Ao Maori Perspective
- Dementia
- Delirium
- Depression in Elderly
- Risk and suicide in elderly
- Mental Health Assessment
- Challenging Behaviours
- Non pharmacological interventions, strategies and pharmacological management
- Capacity and legal frameworks (e.g EPOA, PPPR Act, Mental Health Act)

Available to:	Price (+ GST)	Booking Method
Hutt Valley Staff	Nil	MyPay
Wairarapa/Capital & Coast Staff	Nil	Email imee.saplagio@huttvalleydhb.org.nz
External Health Professionals (Primary Health, PHO, Aged Care)	Nil	Email imee.saplagio@huttvalleydhb.org.nz
Private sector	\$150	Email imee.saplagio@huttvalleydhb.org.nz

Target Audience	Recommended for health professionals who have direct contact and care of older adult mental health patients.
Pre reading requirements	No pre-reading required
Course Facilitator	Older Persons Mental Health Team at Hutt Hospital Imee Carmella Saplagio
Food Provided	Tea and coffee provided. Please bring your own lunch and water bottles.

Course Details:

Day	Date	Venue	Start - Finish
Thursday	2 nd May 2024	Room 2, Learning Centre, Hutt Hospital	0800-1600
Thursday	31 st October 2024	Room 2, Learning Centre, Hutt Hospital	0800-1600