



2021 Training Opportunities

Foundation of Stroke Care

Aims/Purpose:

Health professionals receiving foundation of knowledge for care of people experiencing a stroke.

Content:

Nursing care first 72 hours and the importance of stroke units
 Thrombolysis and clot retrieval
 Positioning of stroke patient, shoulder care and aspiration pneumonia
 Fatigue management
 Cognitive issues post stroke
 Review of scans and what to look for
 Complications post stroke
 Communication issues
 Medications and stroke
 Nutrition post stroke

| Available to: | Price (+ GST) | Booking Method |
|---|------------------|---|
| Hutt Valley DHB Staff | Nil | My Pay |
| Wairarapa/CCDHB Staff | Nil | Email: Melissa.vartan@huttvalleydhb.org.nz |
| External Health Professionals (Primary Health, PHO, Aged Care) | Nil | Email: Melissa.vartan@huttvalleydhb.org.nz |
| Private sector & other DHB's | \$153 (Incl GST) | Email: Melissa.vartan@huttvalleydhb.org.nz |

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|--------------------------|--|
| Target Audience | All staff with interest in stroke care |
| Pre reading requirements | Nil |
| Course Facilitator | Olivia Browne |
| Food Provided | Nil |

Course Details:

| Day | Date | Venue | Start - Finish |
|---------|------------|-----------------------------------|----------------|
| Tuesday | 9/2/2021 | HVDHB; Learning Centre Room 2 | 0830-1700hrs |
| Tuesday | 25/5/2021 | HVDHB; Learning Centre Auditorium | 0830-1700hrs |
| Tuesday | 31/8/2021 | HVDHB; Learning Centre Room 2 | 0830-1700hrs |
| Tuesday | 16/11/2021 | HVDHB; Learning Centre Room 2 | 0830-1700hrs |