

2021 Training Opportunities



ABC Smoking Cessation

Aims/Purpose:

The aim of the ABC Smoking Cessation training is to provide knowledge and support to health care professionals on their role in providing the smoke free message and helping people to stop smoking. This includes utilising the ABC approach to smoking cessation to support patients and whanau.

Content:

Topics covered:

- ABC brief tobacco intervention tool and importance:
 - Screening for tobacco use
 - Providing brief advice
 - Encouraging smokers to use cessation supports
- Role of the health care professional
- Motivating patients to quit and difficult conversations using key learnable phrases
- Benefits of quitting – to the individual and whanau
- Tobacco/Nicotine Dependence and Assessment
- Withdrawal signs and symptoms and management
- What is available to help people quit
 - Pharmacotherapy
 - Behavioural support
- E-cigarettes / Vaping
- Referral and documentation process
- Training includes discussion of practice scenarios

Available to:	Price (+ GST)	Booking Method
Hutt Valley DHB Staff	No Charge	My pay – search ABC Smoking Cessation
Wairarapa/CCDHB Staff	N/A	Contact course administrator
External Health Professionals (Primary Health, PHO, Aged Care)	N/A	Contact course administrator
Private sector & other DHB's	N/A	N/A
Target Audience	<ul style="list-style-type: none"> • All clinical / patient facing HVDHB staff who have not completed the mandatory smoking cessation eLearning and want obtain this competency. • Any HVDHB staff wanting to upskill in smoking cessation support for patients. 	
Pre reading requirements	To be advised on enrolment.	
Course Facilitator	Rachel McConnochie – Smokefree Coordinator	
Food Provided	Tea, Coffee and Snacks	
Course Details:		



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Day	Date	Venue	Start - Finish
Wednesday	17 th March	Room 2, Learning Centre, HVDHB	1000-1200
Tuesday	13 th April	Room 2, Learning Centre, HVDHB	0900-1100
Wednesday	12 th May	Room 3, Learning Centre, HVDHB	1330-1530
Wednesday	23 rd June	Room 3, Learning Centre, HVDHB	1330-1530
Wednesday	14 th July	Room 3, Learning Centre, HVDHB	0900-1100
Tuesday	24 th August	Room 3, Learning Centre, HVDHB	0900-1100
Wednesday	22 nd September	Room 2, Learning Centre, HVDHB	1000-1200
Tuesday	26 th October	Room 2, Learning Centre, HVDHB	1330-1530
Wednesday	17 th November	Room 2, Learning Centre, HVDHB	0900-1100
Tuesday	14 th December	Room 3, Learning Centre, HVDHB	1000-1200