

## 2021 Training Opportunities



# Older Adult Mental Health Study Day

### Aims/Purpose:

The aim of this study day is to extend the knowledge of registered nurses and enrolled nurses regarding the key aspects of mental health in elderly. It has expert speakers with many years of experience in the field. The course equips the RN/ENs with the basic skills of mental health assessment and provides broad understanding of the legal implications for the Mental Health Act and duty of care. The course provides nurses the tools required to care for an older adult patient.

### Content:

Content may include:

- Psychiatric medications used in elderly.
- Dementia & Cognitive assessments (MOCA & ACE 3)
- Delirium
- Depression in Elderly
- Suicide
- EPOA & Guardianship
- Mental Health Act & Duty of Care

Available to:	Price (+ GST)	Booking Method
Hutt Valley DHB Staff	Nil	MyPay
Wairarapa/CCDHB Staff	Nil	e-mail course facilitator
External Health Professionals (Primary Health, PHO, Aged Care)	Nil	e-mail course facilitator
Private sector & other DHB's	\$153 (GST included)	e-mail course facilitator

Target Audience	RN/EN
Pre reading requirements	No pre-reading required
Course Facilitator	Ramesh Sahrawat e-mail: <a href="mailto:Ramesh.sahrawat@huttvalleydhb.org.nz">Ramesh.sahrawat@huttvalleydhb.org.nz</a>
Food Provided	Tea and coffee provided

### Course Details:

Day	Date	Venue	Start - Finish
Friday	30 <sup>th</sup> of April 2021	Lecture Room, Clinical Training Unit (CTU) Level 2, Hutt Valley DHB	0830-1600hrs
Friday	27 <sup>th</sup> of August 2021	Lecture Room, Clinical Training Unit (CTU) Level 2, Hutt Valley DHB	0830-1600hrs
Friday	29 <sup>th</sup> of October 2021	Lecture Room, Clinical Training Unit (CTU) Level 2, Hutt Valley DHB	0830-1600hrs