



2021 Training Opportunities

Diabetes Care Givers Education Day

Aims/Purpose:

Giving an overview of diabetes for Care Givers, Community Mental Health Workers, Health Care Assistants, anyone working with, caring for or supporting people living in the community with Diabetes.

Content:

- What is diabetes?
- Medications for diabetes
- How to support a person to manage their diabetes
- High and low blood glucose levels
- Foot care
- Food and diabetes
- Exercise and diabetes
- Blood glucose testing

Available to:	Price (+ GST)	Booking Method	
Hutt Valley DHB Staff	NIL	My Pay	
Wairarapa/CCDHB Staff	NIL	My Pay	
External Health Professionals (Primary Health, PHO, Aged Care)	NIL	Email: Melissa.vartan@huttvalleydhb.org.nz	
Private sector & other DHB's	NIL	Email: Melissa.vartan@huttvalleydhb.org.nz	
Target Audience	Care Givers, Community Mental Health Workers, Health Care Assistants, or anyone working with, caring for or supporting people living in the community with diabetes		
Pre reading requirements	NIL		
Course Facilitator	Gabriel Molina, Diabetes Nurse Educator		
Food Provided	Morning tea and afternoon tea provided. BYO lunch.		
Course Details:			
Day	Date	Venue	Start - Finish
Monday	12 April 2021	Auditorium, Learning Centre, Hutt Hospital	0900 – 1600
Monday	13 Sept. 2021	Auditorium, Learning Centre, Hutt Hospital	0900 – 1600