

## 2019 Training Opportunities

# Older Person Rehab Study Day

### Aims/Purpose:

The aim of this study day is to extend the knowledge of registered nurses and enrolled nurses regarding the key aspects of Rehab in elderly. It also covers aspects of Older person's mental health. The course equips the RN/ENs with the basic skills of Rehab nursing care. The course provides nurses the tools required to care for an older adult patient.

### Content:

Content may include:

- Rehab Philosophy
- Stroke Rehab
- Delirium
- Feeding & Communication
- ADL's
- Dementia & Cognitive assessments (MOCA & ACE 3)
- Trend Care
- Role of Coordinator

Available to:	Price (+ GST)	Booking Method
Hutt Valley DHB Staff	Nil	MyPay
Wairarapa/CCDHB Staff	Nil	e-mail course facilitator
External Health Professionals (Primary Health, PHO, Aged Care)	Nil	e-mail course facilitator
Private sector & other DHB's	\$153 (GST included)	e-mail course facilitator

Target Audience	RN/EN/HCAs
Pre reading requirements	No pre-reading required
Course Facilitator	Ramesh Sahrawat e-mail: <a href="mailto:Ramesh.sahrawat@huttvalleydhb.org.nz">Ramesh.sahrawat@huttvalleydhb.org.nz</a>
Food Provided	Tea and coffee provided

### Course Details:

Day	Date	Venue	Time: From -To
Monday	8 <sup>th</sup> April 2019	Learning Centre Room 3, Hutt Valley DHB	0830-1630hrs
Monday	11 <sup>th</sup> November 2019	Learning Centre Room 3, Hutt Valley DHB	0830-1630hrs