

# Do you want to have more effective conversations with clients to support lifestyle behaviour change?



A Healthy Conversation Skills workshop gives you tools to support clients to make lifestyle behaviour changes for long-term health.

The skills you'll learn are simple, time-saving and practical to strengthen your everyday practice.

We recommend you complete the Healthy Start Workforce online education programme before the workshop.

**The course is free and endorsed for professional development points or hours for registered midwives, nurses and GPs.**

## Workshops coming up in Wellington:

- Friday 6 September 2019  
Hutt Hospital
- Friday 18 October 2019  
Hutt Hospital

Register on our website [www.healthystartworkforce.org.nz](http://www.healthystartworkforce.org.nz)

 **Healthy Start  
Workforce Project**

A healthy start to life starts with all of us

Māu, māku, mā tātou e ora ai

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