

Our next 12 months

Our two main annual planning documents have been signed off by the Minister of Health.

The Annual Plan sets out the main things we will focus on for the next 12 months to ensure we meet the health needs of our community. The Central Region's Regional Services Plan describes how we will work with our neighbouring six DHBs to improve health services in the lower North Island.

Copies of these plans along with our other key planning documents are available on our website.

Board meetings

Hospital Advisory Committee
3.00pm Friday 22 July 2011
Hutt Valley DHB Boardroom

Board Meeting
1.00pm Friday 5 August 2011
Capital & Coast DHB Boardroom

Community & Public Health Advisory Committee
9.00am Monday 22 August 2011
Capital & Coast DHB Boardroom

Disability Support Advisory Committee
1.00pm Monday 19 September 2011
Hutt Valley DHB Boardroom

GP information

General practices taking on new patients with no waiting list:

- Gain Health Centre
- Hutt City Health Centre
- Silverstream Health Centre
- Upper Hutt Health Centre

General practices taking on new patients but have a waiting list:

- Eponi Medical Centre
- Manuka Health Centre
- Petone Medical Centre
- Waiwhetu Medical Centre
- Whai Oranga O te Iwi Health Centre

General practices taking on new patients within their immediate community:

- Pomare Union Health Centre
- Stokes Valley Medical Centre
- Taita Medical Centre

General practices taking on new patients between 10 – 24 years old:

- Hutt Valley Youth Health Centre

Don't take measles on holiday

With people travelling around the country for the school holidays, it's important to be aware that there are ongoing cases of measles in both Auckland and Hawkes Bay. Since March this year there have been 24 confirmed cases of measles in Hawkes Bay and 61 in Auckland, with 4 people requiring hospital treatment.

If you're heading to Auckland or Hawkes Bay or come in contact with people from these regions please be alert to the symptoms of measles. Common symptoms of measles include a runny nose, cough, sore watery eyes, high fever and a rash. If you or someone in your family is displaying symptoms of measles you should immediately telephone your doctor or Healthline (0800 611 116) for advice.

Measles outbreaks have also been reported in other countries, so if you are travelling overseas please ensure you and your family have been vaccinated. Immunisation is the best way to prevent catching measles and the vaccination is free for most people. For more information talk to your doctor or call the Immunisation Advisory Centre (0800 466 863).



We learn a lot from your feedback

We are committed to providing you with quality health care services. To help us to identify issues and improve our services we welcome your feedback regarding our health services, whether it is a compliment or complaint.

Anyone can provide feedback about the care or service they have received. Feedback can also be made by another person on your behalf. You can give your feedback in one of the following ways:

- talk to a staff member
- email service.feedback@huttvalleydhb.org.nz
- phone our Quality Team on 566 6999
- fill in our "Happy or Unhappy" brochure which is available in all areas of the hospital
- write us a letter

Hutt Valley DHB, Private Bag 31907, Lower Hutt 5040

If you have a concern or complaint about the care or service you are receiving we encourage you to discuss these with staff at the time. Concerns raised at the time can often be resolved straight away.

If you are not comfortable speaking with staff at the time or do not believe your concerns have been resolved please contact our Quality Team as soon as possible, so your complaint can be investigated.



Healthy start to school

A free B4 School Check is available for your child to ensure they are healthy and can learn well at school.

The B4 School Check is a nationwide programme offering a free health and development check for four year olds. The check usually takes about 45–60 minutes and includes a check of your child's hearing, eyesight, teeth and gums, height, weight, behaviour and development.

In the Hutt Valley 80% of our four year olds have had a B4 School Check, however there are over 400 children who have not been checked before they started school. Make sure your child gets a healthy start to school, phone 460 4670 to arrange a B4 School Check.

Healthy People

Healthy Families

Healthy Communities



Virginia Hope Wayne Guppy Katy Austin David Bassett Debbie Chin Peter Douglas Peter Glensor Keith Hindle Ken Laban David Ogden Iris Pahau John Terris